


Training Document: General Workplace Risk Assessment Workshop			
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Overview

Course duration: 1 day.

Under health and safety legislation the main requirement for employers is to conduct suitable and sufficient risk assessments. Indeed, risk assessments form the lynchpin of health and safety management.

The workshop is designed to provide delegates with the knowledge and skills to understand the principles and methodology of risk assessment, and how to take a structured approach to the conduct of general workplace risk assessment with confidence.

Risk assessment is central to effective management of health and safety and if conducted properly will play a key part in ensuring the health and safety of anyone who may be affected by your work activities.

This course puts the emphasis on practical exercises, meaning that delegates will leave with the ability to perform risk assessments in their own organisations.

Is it right for me?

This one-day workshop is aimed at anybody who has a responsibility to manage health and safety or who has been appointed by their employer to conduct general workplace risk assessments.

This course is designed for anyone with responsibility for carrying out risk assessments and will be particularly useful for managers and supervisors, but will also be beneficial to team leaders, technicians, engineers and health and safety co-ordinators.

What will I learn?

By the end of this course you will be able to:

- Appreciate the moral, legal and financial reasons for reducing injury and ill health resulting from work activities.
- Understand the relationship between hazard, risk, risk assessment and safe systems of work.
- Understand the importance, and application of the risk control hierarchy.
- Be able to identify the different types of risk assessment required in their workplace.
- Be able to apply the principles and methodology of general risk assessment to given work situations.

What will it cover?

- Overview of relevant legislation to include sections of the Health and Safety at Work Act 1974 and the Management of Health & Safety at Work Regulations 1999
- An understanding of the practical application of risk assessment techniques
- A thorough understanding of the specific requirements of lone, pregnant and young workers
- Hazard identification techniques
- The ability to categorise and evaluate risk
- Designing safe systems of work from the risk assessment specific requirements for young persons, and new or expectant mothers
- Practical exercise on conducting general workplace risk assessments with feedback to delegates on assessments conducted
- An understanding of the requirements for monitoring and reviewing risk assessments